

# Sunday Leftovers

**Sermon Title:** Think Again – Not Super Human, Supra Humans

**What's this message about** – We all share a common passion to do something "special." Whether it is scoring the winning touchdown or coming up with a cure for cancer, we yearn to make a difference in our world. We may even wonder why God has never empowered us to do these things, We read in the Bible about how God used ordinary people to do super human things (Moses, Samson, David, etc.) and we want to claim that power for ourselves. Philippians 4:13 is a classic example of this. You have probably seen this verse on an athlete's t-shirt or emblazoned on the wall of your school locker room. The most common interpretation of this verse seems to imply that if I believe hard enough, God will provide me with super human ability to score that touchdown or hit a walk-off homerun. Even though God is in the business of empowering His people to do amazing things, most of us seldom have the opportunity to accomplish one of the aforementioned feats. If we are to be true to the reason God provided us with His Word, we have to believe there is a more universal, personal and practical application of that verse. When we read it in context we see that God's ultimate goal is not to make us "super human" but to empower us to be "supra-human": providing us with the power to live above our struggles and circumstances and allowing God to use them for our advantage.

## Questions for discussion:

- *What do you think was the main point of Pete's message?*
- *Read Philippians 4:10-14: Does the context in which Philippians 4:13 is written give you a different perspective as to the type of "strength" Paul is alluding to?*
- *Why do you think Romans 5:3-5 and James 1:2-4 tell us that we should be joyful when we have trials?*
- *How does Romans 8:28 help us gain a different perspective on God allowing trials in our lives?*
- *In what ways can we apply this "supra-natural" power to our personal lives?*

**Do something about it:** Take a few moments to think about some of the trials you have experienced in your life. Now consider where you are and how you/your life has changed. Consider the ways God has used these struggles to make you stronger, re-direct your path, or bring people into your life. As new trials come into your life, record them. After a time, go back and write about how things turned out. Use these life lessons as opportunities to catch a glimpse of how God is working in your life.

**Digging deeper:** Philippians 4:10-14; Romans 5:3-5; 8:28; James 1:2-4; Matthew 7:24-27