

# Sunday Leftovers

Sermon Title: Feed Me - Scriptures

## What's this message about?

What are you hungry for? When asked that question our mind usually takes us to food. If we are honest with ourselves, we know that hunger is not just about food. There are other things that we hunger and thirst for that we either directly or indirectly seek.

In the book of Ezekiel, God instructs the prophet to take and eat the scriptures. The passage tells us that when Ezekiel consumed the scrolls (scripture) and it says, "and they were as sweet as honey in my mouth." God was not only trying to get Ezekiel to consume something that He knew would provide sustenance to the prophet, but this sustenance would be a source of food for those who Ezekiel was sent to guide.

Are you feeding your soul? If food is something we need to stay healthy, physically, what are we doing to stay healthy, spiritually?

## Questions for discussion:

- *What do you think was the main point of Matt's message?*
- *What do you think are some things people are hungry for (other than food)?*
- *What lesson(s) do you think God was trying to teach Ezekiel/us in the Ezekiel 3:1-4 passage?*
- *What are some things you are hungry for (other than food)?*
- *What are some ways that you feed your soul?*

## Do something about it:

We are usually good at planning out our meals. Some of us have even trained our bodies to give us warning that it is time to be fed. Isn't it time that we are that intentional about feeding our spiritual hunger? If you have not already established a regular habit/time of reading scripture/praying/devotion time, start by setting aside a five-minute block of time each day. Work to make it regular. Once you establish this as a regular practice, look for ways to extend that time.

## Digging deeper:

Ezekiel 3:1-4; 2 Timothy 3:16,17; Matthew 4:4; 5:6; John 1:1-4; 4:31-38; 6:35