

Sunday Leftovers

Sermon Title: Addicted to Likes -

Stop Looking at Your Neighbor's Blessings and Look at Your Own

Have you ever thought about how much time we spend looking left and right at what others have? It really is not difficult to do. We have been trained to focus on what we do not have instead of being grateful for the blessings we have. Just look at advertising: It is geared toward reminding us of what we do not have and convince us that we need it. Social media also presents a seemingly unending litany of "look what I have" themed posts that make us envious of places we have never been or things we do not possess.

Now, take a moment to concentrate on what you do have that you are thankful for. When we stop looking around and begin looking up and in, we regain a sense of just how blessed we are. We begin to see that God is working in our lives and that He truly does care for us. The satisfaction that comes with knowing that God has promised to provide everything we "need" should be enough to adjust our attitudes and help us find the "joy" that God promises. When we remember all that God has done for us and given us, we become more available for God to use and more satisfied with life as God has provided it.

- What do you think was the main point of Matt's message?
- Why do you think it is easier to focus on what we do not have than on what we do have?
- Read Psalm 67; Ephesians 1:3; 2 Corinthians 1:4; 9:11: What does these tell us about God and blessings?
- What are some ways in which God has blessed you that have resulted in your blessing others?
- What are some practices we can implement that will help us focus more on what we have than what we do not have?

Digging deeper: Psalm 67; Ephesians 1:3; 2 Corinthians 1:4; 9:11; Matthew 5:3-10

Do something about it: Establish a regular time with God and begin each time with specifically thanking God for the blessings that are in your life.